



DynaMORE

Dynamic MOdelling of REsilience

H2020 - 777084

D 9.9 – Final press release

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Executive Summary

This deliverable provides links to the final press release of the project, both in English (EN) as well as in German (DE). The press release was written after the final General Assembly (GA) Meeting (6th to 8th March 2024 in Warsaw, Poland) and gives an overview of the major outcomes, including the two mobile health apps (ReApp and Imager), the identification of positive appraisal style (PAS) as a powerful resilience factor, and the most important scientific publications – such as the mathematical resilience models and the results of the DynaCORE, DynaM-OBS, and DynaM-INT studies.

1. Deliverable report

The English press release (EN) can be found

- on the project website:
https://dynamore-project.eu/wp-content/uploads/DynaMORE_Final-press-release_EN_FINAL.pdf
- and on the free press release distribution service [prlog.org](https://www.prlog.org) under the following link:
<https://www.prlog.org/13013603-new-mental-health-apps-to-navigate-through-hardships.html>

The German press release (DE) can be found

- on the project website:
https://dynamore-project.eu/wp-content/uploads/DynaMORE_Final-press-release_DE_FINAL.pdf

2. Conclusion

After publication of the final press release on the download page of the DynaMORE website and on [prlog.org](https://www.prlog.org), consortium members have been encouraged to forward the press release to their institutional public relations offices to either include the English press release or a translated version in local language on the institution's website.