

[View this email in your browser](#)[Registration & Location](#)[Programme & Speakers](#)[27 Sept - Free workshop: Measuring stress in real life](#)[Early-career scientists sessions](#)[Abstract submission deadline: August 1st](#)[Organisers & Funding](#)[Corona safety](#)

Welcome to our newsletter! We'd like to announce the **8th International Symposium on Resilience Research (#resilience2022)** in Mainz, Germany, from 28-30 September 2022, and the free satellite **workshop "Measuring stress in real life"** beforehand on 27 September. The symposium and workshop are co-funded by **DynaMORE**, an international research project that aims to promote stress resilience and improve mental health and well-being in the face of adversity. It is spearheaded by **Prof. Dr. Raffael Kalisch** from the Leibniz Institute for Resilience Research (**LIR**) and funded by the European **Horizon 2020** Research and Innovation Programme. If you are receiving this newsletter as a forwarded message, but would like to actively subscribe to receive DynaMORE-specific news, please [enter your email address here](#).



Register now

The **8th International Symposium on Resilience Research (#resilience2022)** will take place from 28 – 30 September 2022 in Mainz, Germany, finally as a face-to-face meeting again! The **registration** is open until **01 August 2022**, and the organising team is very much looking forward to hosting the symposium and to welcoming the resilience research community again in person!

The symposium covers the latest developments and breakthroughs in the science of stress resilience, both in animal models and in human studies. Since 2015, the symposium is the most important gathering of the international research community and has shaped the field and initiated many important debates. You want to see examples? This research has been **seen first at the International Symposium on Resilience Research**.

Please register by email to symposium@lir-mainz.de by 01 August 2022. What we need: Title / Last Name / First Name / Affiliation or Institute / City / Country / Address / Telephone / E-Mail Address (please note that we assume that you agree to be put on the mailing list).

Registration Fee

€150,- for PIs / senior researchers

€80,- for students and postdocs

Important: Fees are waived for speakers and students within rmn2, intresa, DynaMORE and FORTHEM networks and for LIR employees.



Location of symposium & satellite workshop

University Medical Center (Universitätsmedizin Mainz)
Main campus
Building 708
Langenbeckstraße 1
55131 Mainz
Germany

**By foot (10 min)**

- In central station: take back exit ("Ausgang West")
- Go straight, along car parking lot, to bus/tram stop
- Cross bus/tram stop
- On the other side of the street, btw. "me and all" and Intercity hotels: go up the hill
- Follow the winding road up the hill until you reach another car parking lot on your right
- Follow the parking lot to reach back entrance of medical campus (barrier for cars)
- Walk up to street, turn right to building 708



Programme & Speakers

This year, too, we are happy to have attracted an impressive alignment of **renowned speakers**, all of them experts in the field of stress and resilience research. See below for details:

Sarah Ayash, LIR Mainz

Ulrike Basten, University Landau

Jennifer Bellingtier, Friedrich Schiller University Jena

George A. Bonanno, Columbia University

Nils Gassen, University Hospital Bonn

Marloes Henckens, Radboud University Medical Center Nijmegen

Eranda Jayawickreme, Wake Forest University

Peter Koval, University of Melbourne

Harm Krugers, University of Amsterdam

Tania Lincoln, University of Hamburg

Caroline Ménard, Université Laval, Québec City

Antje Riepenhausen, Charité Berlin

Gal Sheppes, Tel Aviv University

Rajita Sinha, Yale University

Constance Vennin, LIR Mainz

#2022

8TH INTERNATIONAL SYMPOSIUM
ON RESILIENCE RESEARCHSEPTEMBER
2022SYMPOSIUM
IN PERSON

SPEAKERS

S. AYASH,
MAINZU. BASTEN,
LANGAUJ. BELLINGER,
JENAC. BONANNO,
NEW YORKM. CASSE,
BONNM. HENCKENS,
MÜNSTERF. JAYAWICKREME,
WAKE FORESTP. KOVAL,
MELBOURNEH. KRUGERS,
AMSTERDAMT. LINCOLN,
HAMBURGC. LÉVESQUE,
QUÉBEC CITYA. RIEFENHAUSEN,
BERLING. SHEPPES,
TEL AVIVR. SINHA,
YALEC. VENWIN,
MAINZPlease [click here](#) to view and download the [entire programme](#).

WEDNESDAY SEPT 28	THURSDAY SEPT 29	FRIDAY SEPT 30
<p>INTERNA BUSINESS MEETING 10:00 - Stress business meeting (non-public)</p> <p>SCIENTIFIC PROGRAM 13:00 - Welcome</p> <p>SESSION 1: RESILIENCE – BRAIN AND BODY 13:15 - Aysha Ayash, departments of Psychiatry and Neuroscience, Interdisciplinary Stress Center, Yale University Resilience from what and for whom? The cumulative impact of adversity, stress on stress neurobiology and coping behaviors</p> <p>14:00 - Caroline Mousart, Department of Psychiatry and Neuroscience, Université Laval, Québec City Sex-specific neuroendocrine effects and biomarkers underlying stress responses in men and women depression</p> <p>14:45 - Constanze Venwin, Leibniz Institute for Resilience Research, Mainz A global neuroscience view on chronic adaptation after chronic social defeat stress in male mice</p> <p>16:15 - Giffa 16:45 - Ali Gassen, Department of Psychiatry and Psychobiology, University of Bonn Neurobiology of stress-related diseases and resilience – from cells to clinical trials</p> <p>EARLY-CAREER SCIENTIST SHORT TALKS 16:15 - Selected poster abstracts</p> <p>POSTER SESSION 17:30 - Abstracts & choice 18:00</p> <p>SPEAKERS' DINNER 19:00 - Speakers' dinner (non-public)</p>	<p>SESSION 2: RESILIENCE – BRAIN AND BODY CONTINUED 0:00 - Harm Krugers, Centre for Urban Mental Health, University of Amsterdam Stress and memory: from synaptic to molecular and cellular</p> <p>0:45 - Marlene Reussens, Bender Institute, Antwerp University Medical Center, Antwerp Neural signature of stress resilience in mice</p> <p>10:30 - Giffa 11:00 - Sarah Ayash, Leibniz Institute for Resilience Research, Mainz Fear circuit-based neurobiological signatures and conceptualized networks as key indicators to chronic mental stress</p> <p>EARLY-CAREER SCIENTIST SHORT TALKS 11:30 - Selected poster abstracts</p> <p>POSTER SESSION 12:30 - Abstracts</p> <p>SESSION 3: RESILIENCE – MIND AND BEHAVIOR 14:15 - George A Bonanno, Department of Clinical and Counseling Psychology, Columbia University Trauma and the resilience paradox: The key role of adaptive flexibility</p> <p>15:00 - Giffa 15:45 - Giffa 16:15 - Ulf Basten, Department of Psychology, University of Koblenz-Landau Individual differences in emotion regulation circuitry: Associations with regulation capacity, resilience, and well-being</p> <p>16:45 - Antje Riefenhausen, Department of Psychology, Charité Berlin Positive cognitive reappraisal of stress resilience, mental health, and well-being</p> <p>GUTENBERG SOCIAL 18:30 - A lot of food and drink and a look at the world's first printed book</p>	<p>SESSION 4: RESILIENCE – MIND AND BEHAVIOR CONTINUED 0:00 - Peter Koval, School of Psychological Science, University of Melbourne Flexible use of reappraisal in daily life is not associated with higher or global well-being: consistent and experimental evidence</p> <p>10:15 - Jennifer Dalgle, Department of Developmental Psychology, Friedrich Schiller University Jena A decade of research on the role of emotion regulation in promoting daily resilience</p> <p>16:45 - Giffa 17:15 - Tavia Lincoln, Institute of Psychology, University of Hamburg The role of social regulation in the chemoprevention, development and treatment of psychopathology</p> <p>18:00 - Giffa 18:30 - Giffa 19:00 - Giffa 19:30 - Giffa 20:00 - Giffa 20:30 - Giffa 21:00 - Giffa 21:30 - Giffa 22:00 - Giffa 22:30 - Giffa 23:00 - Giffa 23:30 - Giffa 24:00 - Giffa 24:30 - Giffa 25:00 - Giffa 25:30 - Giffa 26:00 - Giffa 26:30 - Giffa 27:00 - Giffa 27:30 - Giffa 28:00 - Giffa 28:30 - Giffa 29:00 - Giffa 29:30 - Giffa 30:00 - Giffa 30:30 - Giffa 31:00 - Giffa 31:30 - Giffa 32:00 - Giffa 32:30 - Giffa 33:00 - Giffa 33:30 - Giffa 34:00 - Giffa 34:30 - Giffa 35:00 - Giffa 35:30 - Giffa 36:00 - Giffa 36:30 - Giffa 37:00 - Giffa 37:30 - Giffa 38:00 - Giffa 38:30 - Giffa 39:00 - Giffa 39:30 - Giffa 40:00 - Giffa 40:30 - Giffa 41:00 - Giffa 41:30 - Giffa 42:00 - Giffa 42:30 - Giffa 43:00 - Giffa 43:30 - Giffa 44:00 - Giffa 44:30 - Giffa 45:00 - Giffa 45:30 - Giffa 46:00 - Giffa 46:30 - Giffa 47:00 - Giffa 47:30 - Giffa 48:00 - Giffa 48:30 - Giffa 49:00 - Giffa 49:30 - Giffa 50:00 - Giffa 50:30 - Giffa 51:00 - Giffa 51:30 - Giffa 52:00 - Giffa 52:30 - Giffa 53:00 - Giffa 53:30 - Giffa 54:00 - Giffa 54:30 - Giffa 55:00 - Giffa 55:30 - Giffa 56:00 - Giffa 56:30 - Giffa 57:00 - Giffa 57:30 - Giffa 58:00 - Giffa 58:30 - Giffa 59:00 - Giffa 59:30 - Giffa 60:00 - Giffa 60:30 - Giffa 61:00 - Giffa 61:30 - Giffa 62:00 - Giffa 62:30 - Giffa 63:00 - Giffa 63:30 - Giffa 64:00 - Giffa 64:30 - Giffa 65:00 - Giffa 65:30 - Giffa 66:00 - Giffa 66:30 - Giffa 67:00 - Giffa 67:30 - Giffa 68:00 - Giffa 68:30 - Giffa 69:00 - Giffa 69:30 - Giffa 70:00 - Giffa 70:30 - Giffa 71:00 - Giffa 71:30 - Giffa 72:00 - Giffa 72:30 - Giffa 73:00 - Giffa 73:30 - Giffa 74:00 - Giffa 74:30 - Giffa 75:00 - Giffa 75:30 - Giffa 76:00 - Giffa 76:30 - Giffa 77:00 - Giffa 77:30 - Giffa 78:00 - Giffa 78:30 - Giffa 79:00 - Giffa 79:30 - Giffa 80:00 - Giffa 80:30 - Giffa 81:00 - Giffa 81:30 - Giffa 82:00 - Giffa 82:30 - Giffa 83:00 - Giffa 83:30 - Giffa 84:00 - Giffa 84:30 - Giffa 85:00 - Giffa 85:30 - Giffa 86:00 - Giffa 86:30 - Giffa 87:00 - Giffa 87:30 - Giffa 88:00 - Giffa 88:30 - Giffa 89:00 - Giffa 89:30 - Giffa 90:00 - Giffa 90:30 - Giffa 91:00 - Giffa 91:30 - Giffa 92:00 - Giffa 92:30 - Giffa 93:00 - Giffa 93:30 - Giffa 94:00 - Giffa 94:30 - Giffa 95:00 - Giffa 95:30 - Giffa 96:00 - Giffa 96:30 - Giffa 97:00 - Giffa 97:30 - Giffa 98:00 - Giffa 98:30 - Giffa 99:00 - Giffa 99:30 - Giffa 100:00 - Giffa 100:30 - Giffa 101:00 - Giffa 101:30 - Giffa 102:00 - Giffa 102:30 - Giffa 103:00 - Giffa 103:30 - Giffa 104:00 - Giffa 104:30 - Giffa 105:00 - Giffa 105:30 - Giffa 106:00 - Giffa 106:30 - Giffa 107:00 - Giffa 107:30 - Giffa 108:00 - Giffa 108:30 - Giffa 109:00 - Giffa 109:30 - Giffa 110:00 - Giffa 110:30 - Giffa 111:00 - Giffa 111:30 - Giffa 112:00 - Giffa 112:30 - Giffa 113:00 - Giffa 113:30 - Giffa 114:00 - Giffa 114:30 - Giffa 115:00 - Giffa 115:30 - Giffa 116:00 - Giffa 116:30 - Giffa 117:00 - Giffa 117:30 - Giffa 118:00 - Giffa 118:30 - Giffa 119:00 - Giffa 119:30 - Giffa 120:00 - Giffa 120:30 - Giffa 121:00 - Giffa 121:30 - Giffa 122:00 - Giffa 122:30 - Giffa 123:00 - Giffa 123:30 - Giffa 124:00 - Giffa 124:30 - Giffa 125:00 - Giffa 125:30 - Giffa 126:00 - Giffa 126:30 - Giffa 127:00 - Giffa 127:30 - Giffa 128:00 - Giffa 128:30 - Giffa 129:00 - Giffa 129:30 - Giffa 130:00 - Giffa 130:30 - Giffa 131:00 - Giffa 131:30 - Giffa 132:00 - Giffa 132:30 - Giffa 133:00 - Giffa 133:30 - Giffa 134:00 - Giffa 134:30 - Giffa 135:00 - Giffa 135:30 - Giffa 136:00 - Giffa 136:30 - Giffa 137:00 - Giffa 137:30 - Giffa 138:00 - Giffa 138:30 - Giffa 139:00 - Giffa 139:30 - Giffa 140:00 - Giffa 140:30 - Giffa 141:00 - Giffa 141:30 - Giffa 142:00 - Giffa 142:30 - Giffa 143:00 - Giffa 143:30 - Giffa 144:00 - Giffa 144:30 - Giffa 145:00 - Giffa 145:30 - Giffa 146:00 - Giffa 146:30 - Giffa 147:00 - Giffa 147:30 - Giffa 148:00 - Giffa 148:30 - Giffa 149:00 - Giffa 149:30 - Giffa 150:00 - Giffa 150:30 - Giffa 151:00 - Giffa 151:30 - Giffa 152:00 - Giffa 152:30 - Giffa 153:00 - Giffa 153:30 - Giffa 154:00 - Giffa 154:30 - Giffa 155:00 - Giffa 155:30 - Giffa 156:00 - Giffa 156:30 - Giffa 157:00 - Giffa 157:30 - Giffa 158:00 - Giffa 158:30 - Giffa 159:00 - Giffa 159:30 - Giffa 160:00 - Giffa 160:30 - Giffa 161:00 - Giffa 161:30 - Giffa 162:00 - Giffa 162:30 - Giffa 163:00 - Giffa 163:30 - Giffa 164:00 - Giffa 164:30 - Giffa 165:00 - Giffa 165:30 - Giffa 166:00 - Giffa 166:30 - Giffa 167:00 - Giffa 167:30 - Giffa 168:00 - Giffa 168:30 - Giffa 169:00 - Giffa 169:30 - Giffa 170:00 - Giffa 170:30 - Giffa 171:00 - Giffa 171:30 - Giffa 172:00 - Giffa 172:30 - Giffa 173:00 - Giffa 173:30 - Giffa 174:00 - Giffa 174:30 - Giffa 175:00 - Giffa 175:30 - Giffa 176:00 - Giffa 176:30 - Giffa 177:00 - Giffa 177:30 - Giffa 178:00 - Giffa 178:30 - Giffa 179:00 - Giffa 179:30 - Giffa 180:00 - Giffa 180:30 - Giffa 181:00 - Giffa 181:30 - Giffa 182:00 - Giffa 182:30 - Giffa 183:00 - Giffa 183:30 - Giffa 184:00 - Giffa 184:30 - Giffa 185:00 - Giffa 185:30 - Giffa 186:00 - Giffa 186:30 - Giffa 187:00 - Giffa 187:30 - Giffa 188:00 - Giffa 188:30 - Giffa 189:00 - Giffa 189:30 - Giffa 190:00 - Giffa 190:30 - Giffa 191:00 - Giffa 191:30 - Giffa 192:00 - Giffa 192:30 - Giffa 193:00 - Giffa 193:30 - Giffa 194:00 - Giffa 194:30 - Giffa 195:00 - Giffa 195:30 - Giffa 196:00 - Giffa 196:30 - Giffa 197:00 - Giffa 197:30 - Giffa 198:00 - Giffa 198:30 - Giffa 199:00 - Giffa 199:30 - Giffa 200:00 - Giffa 200:30 - Giffa 201:00 - Giffa 201:30 - Giffa 202:00 - Giffa 202:30 - Giffa 203:00 - Giffa 203:30 - Giffa 204:00 - Giffa 204:30 - Giffa 205:00 - Giffa 205:30 - Giffa 206:00 - Giffa 206:30 - Giffa 207:00 - Giffa 207:30 - Giffa 208:00 - Giffa 208:30 - Giffa 209:00 - Giffa 209:30 - Giffa 210:00 - Giffa 210:30 - Giffa 211:00 - Giffa 211:30 - Giffa 212:00 - Giffa 212:30 - Giffa 213:00 - Giffa 213:30 - Giffa 214:00 - Giffa 214:30 - Giffa 215:00 - Giffa 215:30 - Giffa 216:00 - Giffa 216:30 - Giffa 217:00 - Giffa 217:30 - Giffa 218:00 - Giffa 218:30 - Giffa 219:00 - Giffa 219:30 - Giffa 220:00 - Giffa 220:30 - Giffa 221:00 - Giffa 221:30 - Giffa 222:00 - Giffa 222:30 - Giffa 223:00 - Giffa 223:30 - Giffa 224:00 - Giffa 224:30 - Giffa 225:00 - Giffa 225:30 - Giffa 226:00 - Giffa 226:30 - Giffa 227:00 - Giffa 227:30 - Giffa 228:00 - Giffa 228:30 - Giffa 229:00 - Giffa 229:30 - Giffa 230:00 - Giffa 230:30 - Giffa 231:00 - Giffa 231:30 - Giffa 232:00 - Giffa 232:30 - Giffa 233:00 - Giffa 233:30 - Giffa 234:00 - Giffa 234:30 - Giffa 235:00 - Giffa 235:30 - Giffa 236:00 - Giffa 236:30 - Giffa 237:00 - Giffa 237:30 - Giffa 238:00 - Giffa 238:30 - Giffa 239:00 - Giffa 239:30 - Giffa 240:00 - Giffa 240:30 - Giffa 241:00 - Giffa 241:30 - Giffa 242:00 - Giffa 242:30 - Giffa 243:00 - Giffa 243:30 - Giffa 244:00 - Giffa 244:30 - Giffa 245:00 - Giffa 245:30 - Giffa 246:00 - Giffa 246:30 - Giffa 247:00 - Giffa 247:30 - Giffa 248:00 - Giffa 248:30 - Giffa 249:00 - Giffa 249:30 - Giffa 250:00 - Giffa 250:30 - Giffa 251:00 - Giffa 251:30 - Giffa 252:00 - Giffa 252:30 - Giffa 253:00 - Giffa 253:30 - Giffa 254:00 - Giffa 254:30 - Giffa 255:00 - Giffa 255:30 - Giffa 256:00 - Giffa 256:30 - Giffa 257:00 - Giffa 257:30 - Giffa 258:00 - Giffa 258:30 - Giffa 259:00 - Giffa 259:30 - Giffa 260:00 - Giffa 260:30 - Giffa 261:00 - Giffa 261:30 - Giffa 262:00 - Giffa 262:30 - Giffa 263:00 - Giffa 263:30 - Giffa 264:00 - Giffa 264:30 - Giffa 265:00 - Giffa 265:30 - Giffa 266:00 - Giffa 266:30 - Giffa 267:00 - Giffa 267:30 - Giffa 268:00 - Giffa 268:30 - Giffa 269:00 - Giffa 269:30 - Giffa 270:00 - Giffa 270:30 - Giffa 271:00 - Giffa 271:30 - Giffa 272:00 - Giffa 272:30 - Giffa 273:00 - Giffa 273:30 - Giffa 274:00 - Giffa 274:30 - Giffa 275:00 - Giffa 275:30 - Giffa 276:00 - Giffa 276:30 - Giffa 277:00 - Giffa 277:30 - Giffa 278:00 - Giffa 278:30 - Giffa 279:00 - Giffa 279:30 - Giffa 280:00 - Giffa 280:30 - Giffa 281:00 - Giffa 281:30 - Giffa 282:00 - Giffa 282:30 - Giffa 283:00 - Giffa 283:30 - Giffa 284:00 - Giffa 284:30 - Giffa 285:00 - Giffa 285:30 - Giffa 286:00 - Giffa 286:30 - Giffa 287:00 - Giffa 287:30 - Giffa 288:00 - Giffa 288:30 - Giffa 289:00 - Giffa 289:30 - Giffa 290:00 - Giffa 290:30 - Giffa 291:00 - Giffa 291:30 - Giffa 292:00 - Giffa 292:30 - Giffa 293:00 - Giffa 293:30 - Giffa 294:00 - Giffa 294:30 - Giffa 295:00 - Giffa 295:30 - Giffa 296:00 - Giffa 296:30 - Giffa 297:00 - Giffa 297:30 - Giffa 298:00 - Giffa 298:30 - Giffa 299:00 - Giffa 299:30 - Giffa 300:00 - Giffa 300:30 - Giffa 301:00 - Giffa 301:30 - Giffa 302:00 - Giffa 302:30 - Giffa 303:00 - Giffa 303:30 - Giffa 304:00 - Giffa 304:30 - Giffa 305:00 - Giffa 305:30 - Giffa 306:00 - Giffa 306:30 - Giffa 307:00 - Giffa 307:30 - Giffa 308:00 - Giffa 308:30 - Giffa 309:00 - Giffa 309:30 - Giffa 310:00 - Giffa 310:30 - Giffa 311:00 - Giffa 311:30 - Giffa 312:00 - Giffa 312:30 - Giffa 313:00 - Giffa 313:30 - Giffa 314:00 - Giffa 314:30 - Giffa 315:00 - Giffa 315:30 - Giffa 316:00 - Giffa 316:30 - Giffa 317:00 - Giffa 317:30 - Giffa 318:00 - Giffa 318:30 - Giffa 319:00 - Giffa 319:30 - Giffa 320:00 - Giffa 320:30 - Giffa 321:00 - Giffa 321:30 - Giffa 322:00 - Giffa 322:30 - Giffa 323:00 - Giffa 323:30 - Giffa 324:00 - Giffa 324:30 - Giffa 325:00 - Giffa 325:30 - Giffa 326:00 - Giffa 326:30 - Giffa 327:00 - Giffa 327:30 - Giffa 328:00 - Giffa 328:30 - Giffa 329:00 - Giffa 329:30 - Giffa 330:00 - Giffa 330:30 - Giffa 331:00 - Giffa 331:30 - Giffa 332:00 - Giffa 332:30 - Giffa 333:00 - Giffa 333:30 - Giffa 334:00 - Giffa 334:30 - Giffa 335:00 - Giffa 335:30 - Giffa 336:00 - Giffa 336:30 - Giffa 337:00 - Giffa 337:30 - Giffa 338:00 - Giffa 338:30 - Giffa 339:00 - Giffa 339:30 - Giffa 340:00 - Giffa 340:30 - Giffa 341:00 - Giffa 341:30 - Giffa 342:00 - Giffa 342:30 - Giffa 343:00 - Giffa 343:30 - Giffa 344:00 - Giffa 344:30 - Giffa 345:00 - Giffa 345:30 - Giffa 346:00 - Giffa 346:30 - Giffa 347:00 - Giffa 347:30 - Giffa 348:00 - Giffa 348:30 - Giffa 349:00 - Giffa 349:30 - Giffa 350:00 - Giffa 350:30 - Giffa 351:00 - Giffa 351:30 - Giffa 352:00 - Giffa 352:30 - Giffa 353:00 - Giffa 353:30 - Giffa 354:00 - Giffa 354:30 - Giffa 355:00 - Giffa 355:30 - Giffa 356:00 - Giffa 356:30 - Giffa 357:00 - Giffa 357:30 - Giffa 358:00 - Giffa 358:30 - Giffa 359:00 - Giffa 359:30 - Giffa 360:00 - Giffa 360:30 - Giffa 361:00 - Giffa 361:30 - Giffa 362:00 - Giffa 362:30 - Giffa 363:00 - Giffa 363:30 - Giffa 364:00 - Giffa 364:30 - Giffa 365:00 - Giffa 365:30 - Giffa 366:00 - Giffa 366:30 - Giffa 367:00 - Giffa 367:30 - Giffa 368:00 - Giffa 368:30 - Giffa 369:00 - Giffa 369:30 - Giffa 370:00 - Giffa 370:30 - Giffa 371:00 - Giffa 371:30 - Giffa 372:00 - Giffa 372:30 - Giffa 373:00 - Giffa 373:30 - Giffa 374:00 - Giffa 374:30 - Giffa 375:00 - Giffa 375:30 - Giffa 376:00 - Giffa 376:30 - Giffa 377:00 - Giffa 377:30 - Giffa 378:00 - Giffa 378:30 - Giffa 379:00 - Giffa 379:30 - Giffa 380:00 - Giffa 380:30 - Giffa 381:00 - Giffa 381:30 - Giffa 382:00 - Giffa 382:30 - Giffa 383:00 - Giffa 383:30 - Giffa 384:00 - Giffa 384:30 - Giffa 385:00 - Giffa 385:30 - Giffa 386:00 - Giffa 386:30 - Giffa 387:00 - Giffa 387:30 - Giffa 388:00 - Giffa 388:30 - Giffa 389:00 - Giffa 389:30 - Giffa 390:00 - Giffa 390:30 - Giffa 391:00 - Giffa 391:30 - Giffa 392:00 - Giffa 392:30 - Giffa 393:00 - Giffa 393:30 - Giffa 394:00 - Giffa 394:30 - Giffa 395:00 - Giffa 395:30 - Giffa 396:00 - Giffa 396:30 - Giffa 397:00 - Giffa 397:30 - Giffa 398:00 - Giffa 398:30 - Giffa 399:00 - Giffa 399:30 - Giffa 400:00 - Giffa 400:30 - Giffa 401:00 - Giffa 401:30 - Giffa 402:00 - Giffa 402:30 - Giffa 403:00 - Giffa 403:30 - Giffa 404:00 - Giffa 404:30 - Giffa 405:00 - Giffa 405:30 - Giffa 406:00 - Giffa 406:30 - Giffa 407:00 - Giffa 407:30 - Giffa 408:00 - Giffa 408:30 - Giffa 409:00 - Giffa 409:30 - Giffa 410:00 - Giffa 410:30 - Giffa 411:00 - Giffa 411:30 - Giffa 412:00 - Giffa 412:30 - Giffa 413:00 - Giffa 413:30 - Giffa 414:00 - Giffa 414:30 - Giffa 415:00 - Giffa 415:30 - Giffa 416:00 - Giffa 416:30 - Giffa 417:00 - Giffa 417:30 - Giffa 418:00 - Giffa 418:30 - Giffa 419:00 - Giffa 419:30 - Giffa 420:00 - Giffa 420:30 - Giffa 421:00 - Giffa 421:30 - Giffa 422:00 - Giffa 422:30 - Giffa 423:00 - Giffa 423:30 - Giffa 424:00 - Giffa 424:30 - Giffa 425:00 - Giffa 425:30 - Giffa 426:00 - Giffa 426:30 - Giffa 427:00 - Giffa 427:30 - Giffa 428:00 - Giffa 428</p>

of participants is 30 people.

Having registered for the symposium first, please also register for this workshop by email to symposium@lir-mainz.de by 01 September 2022.

The class is taught by world-leading experts in the field of experience sampling, such as self-report and physiological methods. Presenters include the lead author of the current standard textbook on experience sampling ([The Open Handbook of Experience Sampling Methodology](#)). The latest developments in the measurement of acute stress will be presented, including automatized stress detection for the purpose of just-in-time adaptive interventions (JITAI).

Tuesday, 27 September 2022

- 13:00 Fundamentals of the acute stress reaction and its measurement, [Erno Hermans](#), Donders Institute, Radboud University Medical Center Nijmegen
- 14:00 Measuring stress in Ecological Ambulatory Monitoring (EMA), [Inez Myin-Germeys](#), Center for Contextual Psychiatry, KU Leuven
- 15:00 Break
- 15:30 Measuring stress in Ecological Physiological Monitoring (EPA), [Rayyan Tutunji](#), Donders Institute, Radboud University Medical Center Nijmegen
- 16:30 Considerations for the assessment of psychosocial risk and protective factors with experience sampling methods, [Jessica Fritz](#), Department of Psychiatry, University of Cambridge & Department of Psychology, University of Marburg & [Anu Pauliina Hiekkaranta](#), Center for Contextual Psychiatry, KU Leuven
- 17:30 End

The poster is primarily yellow with a large, stylized graphic of a hand holding a heart in the background. The text is in blue and white. The top left features the hashtag #RESILIENCE2022. The top right shows the dates 28-30 SEPTEMBER 2022. The bottom left specifies the workshop details for September 27th. The bottom right lists the workshop speakers.

**#RESILIENCE
#2022**

8TH INTERNATIONAL SYMPOSIUM
ON RESILIENCE RESEARCH

**28-30
SEPTEMBER
2022**

SYMPOSIUM
IN PERSON

**FREE
WORKSHOP**

SEPT 27. 13.00 - 17.30
SATELLITE WORKSHOP/MASTER CLASS

**MEASURING STRESS
IN REAL LIFE**

WORLD-LEADING EXPERTS IN THE FIELD OF EXPERIENCE SAMPLING WILL
REPORT ABOUT LATEST DEVELOPMENTS IN THE MEASUREMENT OF ACUTE
STRESS, INCLUDING AUTOMATIZED STRESS DETECTION FOR THE PURPOSE OF
JUST-IN-TIME ADAPTIVE INTERVENTIONS (JITAI).

WORKSHOP SPEAKERS:

INEZ MYIN-GERMEYS, LEUVEN
(author of: The Open Handbook of
Experience Sampling Methodology)

ERNO HERMANS, NIJMEGEN

JESSICA FRITZ, CAMBRIDGE

ANU PAULIINA HIEKKARANTA, LEUVEN

RAYYAN TUTUNJI, NIJMEGEN

MORE INFO: [LIR-MAINZ.DE/RESILIENCE-SYMPOSIUM](http://lir-mainz.de/resilience-symposium)

Participation by early-career scientists (ECS) is very much encouraged. The **ECS programme** includes poster sessions, short talks, and a poster award. See below for details.

Poster Sessions

All attendees are invited to submit poster abstracts (max. 300 words, please give full author list and affiliations). The abstract will be published in a printed booklet that will be handed out to attendees on-site. No electronic versions of abstracts or posters will be distributed. Deadline: August 1st.

ECS Short Talks

Suitable poster abstracts by early-career scientists (undergraduate, PhD students, or postdoctoral researchers) are selected for short talks. If you would like to be considered, please indicate your career stage when you submit your abstract. Speakers will be reimbursed for their travel expenses. Decisions will be communicated by 01 September 2022.

Instructions for short talk presenters if your abstract is selected: Talks are 9 minutes long, including time for questions from the audience. Your presentation should not be longer than 6 min. You are encouraged to also present your work as a poster in the separate poster sessions. You can use your short talk to advertise your poster and refer to it for details on data or methods. Please send your PPT presentation to symposium@lir-mainz.de by Monday, 26 September, at noon (12 pm). There will be no time downloading presentations during the short talk sessions.

Poster Award

The best poster will receive a **€300 poster award**.



Abstract submission deadline: August 1st

The deadline to submit an abstract to present your work during one of the **#resilience2022** poster sessions is coming up soon, so submit your

REGISTRATION
DEADLINE
AUGUST 1ST

Organisers & Funding

The yearly symposium is organised by the [International Resilience Alliance \(intresa\)](#), the alliance of European Universities [FORTHEM](#), the EU Horizon project [DynaMORE](#), the [Leibniz-Institute for Resilience Research](#) and the [University Medical Center Mainz](#). We are part of the [Rhine-Main Neuroscience Network \(rmn²\)](#).



Corona safety

In Mainz – home of the first Corona vaccine – we are committed to your safety in many ways. The meeting venue is a spacious lecture hall that will permit us to impose distance measures, if necessary. The hall is well ventilated. If the situation requires, daily COVID testing will be offered to all attendees. Treatment is good, prevention is better. Feel safe in Mainz.

For resilience research updates, follow [@ResilienceRes](#) on Twitter.



Facebook



Twitter



Instagram



[Subscribe here](#) to receive the newsletter. You can unsubscribe at any time.



Share on LinkedIn



Forward



Tweet



Share on Facebook



This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 777084. This newsletter reflects only the authors' view and the European Commission is not responsible for any use that may be made of the information it contains.

Copyright © DynaMORE 2022

concentris research management GmbH & INTRESA

All rights reserved.

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

concentris research management GmbH · Ludwigstr. 4 · Fürstenfeldbruck 82256 · Germany

Grow your business with  **mailchimp**