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Registration & Location

Programme & Speakers

27 Sept - Free workshop: Measuring stress in real life

Early-career scientists sessions

Abstract submission deadline: August 1st

Organisers & Funding

Corona safety

Welcome to our newsletter! We'd like to announce the 8th International Symposium on Resilience Research (#resilience2022) in Mainz, Germany, from 28-30 September 2022, and the free satellite workshop "Measuring stress in real life" beforehand on 27 September. The symposium and workshop are co-funded by DynaMORE, an international research project that aims to promote stress resilience and improve mental health and well-being in the face of adversity. It is spearheaded by Prof. Dr. Raffael Kalisch from the Leibniz Institute for Resilience Research (LIR) and funded by the European Horizon 2020 Research and Innovation Programme. If you are receiving this newsletter as a forwarded message, but would like to actively subscribe to receive DynaMORE-specific news, please enter your email address here.



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Register now

The 8th International Symposium on Resilience Research (#resilience2022) will take place from 28 – 30 September 2022 in Mainz, Germany, finally as a face-to-face meeting again! The registration is open until 01 August 2022, and the organising team is very much looking forward to to hosting the symposium and to welcoming the resilience research community again in person!

The symposium covers the latest developments and breakthroughs in the science of stress resilience, both in animal models and in human studies. Since 2015, the symposium is the most important gathering of the international research community and has shaped the field and initiated many important debates. You want to see examples? This research has been seen first at the International Symposium on Resilience Research.

Please register by email to **symposium@lir-mainz.de** by 01 August 2022. What we need: Title / Last Name / First Name / Affiliation or Institute / City / Country / Address / Telephone / E-Mail Address (please note that we assume that you agree to be put on the mailing list).

Registration Fee

€150,- for PIs / senior researchers

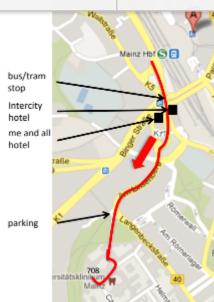
€80,- for students and postdocs

Important: Fees are waived for speakers and students within rmn2, intresa, DynaMORE and FORTHEM networks and for LIR employees.



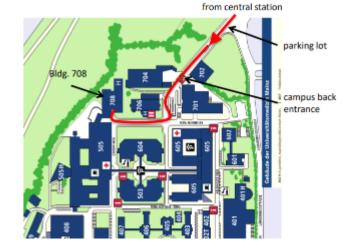
Location of symposium & satellite workshop

University Medical Center (Universitätsmedizin Mainz)
Main campus
Building 708
Langenbeckstraße 1
55131 Mainz
Germany



By foot (10 min)

- In central station: take back exit ("Ausgang West")
- Go straight, along car parking lot, to bus/tram stop
- Cross bus/tram stop
- On the other side of the street, btw. "me and all" and Intercity hotels: go up the hill
- Follow the winding road up the hill until you reach another car parking lot on your right
- Follow the parking lot to reach back entrance of medical campus (barrier for cars)
- Walk up to street, turn right to building 708



Programme & Speakers

This year, too, we are happy to have attracted an impressive alignment of **renowned speakers**, all of them experts in the field of stress and resilience research. See below for details:

Sarah Ayash, LIR Mainz

Ulrike Basten, University Landau

Jennifer Bellingtier, Friedrich Schiller University Jena

George A. Bonanno, Columbia University

Nils Gassen, University Hospital Bonn

Marloes Henckens, Radboud University Medical Center Nijmegen

Eranda Jayawickreme, Wake Forest University

Peter Koval, University of Melbourne

Harm Krugers, University of Amsterdam

Tania Lincoln, University of Hamburg

Caroline Ménard, Université Laval, Québec City

Antje Riepenhausen, Charité Berlin

Gal Sheppes, Tel Aviv University

Rajita Sinha, Yale University

Constance Vennin, LIR Mainz

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> 8TH INTERNATIONAL SYMPOSIUM ON RESILIENCE RESEARCH

SEPTEMBER SYMPOSIUM IN PERSON

SPEAKERS





J. BELLINGTIER, JENA

























C. VENWIN, MAJNZ

Please **click here** to view and download the **entire programme**.

WEDNESDAY THURSDAY FRIDAY SEPT 28 SEPT 30 INTRESA BUSINESS MEETING SERVIOW 2: RESILIENCE - BRAIN AND RODY CONTINUED SASSION A: RESILIENCE - HUND AND REHANDS CONTINUED Arm Krugers, Enster for Urban Mental Availt, Germany of Associates Stock and exercise flow spropos to exercise and Delay Kasil, Schall of Psychological Science, University of Helbeurse, Fischle use of impressor is stilly also set associated with delay or golder unit-heigh constitional and approximation of Science. (non-public) SCIENTIFIC PROGRAM Institute Notice Numbers, Benders Institute, Authore Nationally Nadion Conter, Alprenges Novel agreetive of class resistance in two Gattes Sansh Ayash, Leibnie Institute for Bertilmein Research, Nation experimental distance Accorder Bellingtive, Department of Broadspreament Papahalogy, Froatrich Behilder University Jone Accorder-Rysocol treat approach to amendoe regulation photocology solidy receives Corfice SESSION 1: RESILIENCE - BRAIN AND BOOK N 2: RESILIENCE - BRAIN AND BODY Rapits Since, dispartments of Psychiatry and Rapits Since, dispartments of Psychiatry and Rapits Since, considerabilities Since Center, Take University Committee and for other? The considerate inspect of mountains strain on across neurocology continues Phasest Since and Since Since Since Canadiate Phasest Sinceretti Canadiate and Raymanisteric, Monorati Canadiate Secretary Sinceretti Canadiate Secretary Sinceretti Canadiate Secretary Sinceretti Canadiate Agrantiana Sinceretti Canadiate Agrantiana Sinceretti, salatusi institute for Bestillense Barasesth, Minister Agrantiana Sinceretti Canadiate C Research, Matrix Fear circuit haves insurable hausons argostures and conscription of note and a shape residence to of sovic anold attent Coffee Sorte Uncote, Analisate of Raychology, University of Randoug the rote of resultion registrons in the characterispicial the stagement and treatment of psychologistroning. Events Japonich forms. Department of Psychology and Psygram for Landership & Character, Solder Farest University. Care presidents ("press" from exhibitation? EARLY-CAREER SCIENTIST SNORT TALKS POSTER SERSION 12:30 MINARE SESSION 3: RESILIENCE - MIND AND BEHAVIOR 10: 10: Gains & Brownin, Separament of Disclost and Cassasting Agricology, Celestias Strivershy Traces and the testinese assistance the up you of obspices Succiding 10: 00: del Streeper, Network assistance is the yout of Sagal Street of Minimizer to the And Minimizer Pulses of Security and Their del And Minimizer Findings and succidings and the And Analy American regulation Findings and equilisations for psychopothology and payme Contage POSTER AWARD CEREMONY contine Alle Gassers, dispartment of Pepohlebry and Psychiatherapy, University of done Accopyings, in areas-veloced diseases and residence— Pow cells to shakel falos EARLY-CAREER SCIENTIST SHORT TALKS 10:30 Selected poster deleted; Today Johnso Joseph Today POSTEA SESSION 17:38 - With selver & chasses SPEAKERS' DINNER und-twong Astja Dispersionanen, Separtirenet of Papohletry, Charité Beritir Papoline cognitivo respirate de atress resiliance, thereto resiste, and auditholog GUTENBERG SOCIAL it his of feed and drunks and a look at the portain that product robin

Free workshop: Measuring stress in real life

A special event during this year's symposium is the free satellite workshop / masterclass "Measuring stress in real life" on 27 September 2022 from 13:00 -17:30 h, one day before the start of the symposium itself at the same location. The workshop offers hands-on training on methods of experience sampling methods and is organised by Jessica Fritz from the University of of participants is 30 people.

Having registered for the symposium first, please also register for this workshop by email to **symposium@lir-mainz.de** by 01 September 2022.

The class is taught by world-leading experts in the field of experience sampling, such as self-report and physiological methods. Presenters include the lead author of the current standard textbook on experience sampling (The Open Handbook of Experience Sampling Methodology). The latest developments in the measurement of acute stress will be presented, including automatized stress detection for the purpose of just-in-time adaptive interventions (JITAI).

Tuesday, 27 September 2022

- 13:00 Fundaments of the acute stress reaction and its measurement, Erno Hermans, Donders Institute, Radboud University Medical Center Nijmegen
- 14:00 Measuring stress in Ecological Ambulatory Monitoring (EMA), Inez Myin-Germeys, Center for Contextual Psychiatry, KU Leuven
- 15:00 Break
- 15:30 Measuring stress in Ecological Physiological Monitoring (EPA), Rayyan Tutunji, Donders Institute, Radboud University Medical Center Nijmegen
- 16:30 Considerations for the assessment of psychosocial risk and protective factors with experience sampling methods, Jessica Fritz, Department of Psychiatry, University of Cambridge & Department of Psychology, University of Marburg & Anu Pauliina Hiekkaranta, Center for Contextual Psychiatry, KU Leuven
- 17:30 End



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Participation by early-career scientists (ECS) is very much encouraged. The **ECS programme** includes poster sessions, short talks, and a poster award. See below for details.

Poster Sessions

All attendees are invited to submit poster abstracts (max. 300 words, please give full author list and affiliations). The abstract will be published in a printed booklet that will be handed out to attendees on-site. No electronic versions of abstracts or posters will be distributed. Deadline: August 1st.

ECS Short Talks

Suitable poster abstracts by early-career scientists (undergraduate, PhD students, or postdoctoral researchers) are selected for short talks. If you would like to be considered, please indicate your career stage when you submit your abstract. Speakers will be reimbursed for their travel expenses. Decisions will be communicated by 01 September 2022.

Instructions for short talk presenters if your abstract is selected: Talks are 9 minutes long, including time for questions from the audience. Your presentation should not be longer than 6 min. You are encouraged to also present your work as a poster in the separate poster sessions. You can use your short talk to advertise your poster and refer to it for details on data or methods. Please send your PPT presentation to symposium@lir-mainzade by Monday, 26 September, at noon (12 pm). There will be no time downloading presentations during the short talk sessions.

Poster Award

The best poster will receive a €300 poster award.



Abstract submission deadline: August 1st

The deadline to submit an abstract to present your work during one of the **#resilience2022** poster sessions is coming up soon, so submit your

REGISTRATION DEADLINE AUGUST 1ST

Organisers & Funding

The yearly symposium is organised by the International Resilience Alliance (intresa), the alliance of European Universities FORTHEM, the EU Horizon project DynaMORE, the Leibniz-Institute for Resilience Research and the University Medical Center Mainz. We are part of the Rhine-Main Neuroscience Network (rmn²).













Corona safety

In Mainz – home of the first Corona vaccine – we are committed to your safety in many ways. The meeting venue is a spatious lecture hall that will permit us to impose distance measures, if necessary. The hall is well ventilated. If the situation requires, daily COVID testing will be offered to all attendees. Treatment is good, prevention is better. Feel safe in Mainz.

For resilience research updates, follow @ResilienceRes on Twitter.







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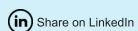








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