

ABSTRACT  
DEADLINE  
JULY 1ST  
REGISTRATION  
DEADLINE  
AUG 1ST  
EARLY BIRD  
REGISTRATION  
MAY 1ST

**CONTACT AND REGISTRATION**  
MARTINA DIEHL: MARTINA.DIEHL@LIR-MAINZ.DE  
+49 (0) 6131 89448-06

RAFFAEL KALISCH: RKALISCH@UNI-MAINZ.DE  
+49 (0) 6131 17-8419  
WWW.LIR-MAINZ.DE/SYMPOSIUM

# # RESILIENCE #2020

UNIVERSITY MEDICAL CENTER  
LANGENBECKSTRASSE 1  
BUILDING 708

**FROM FRANKFURT AIRPORT**  
TRAIN TO MAINZ CENTRAL STATION: 26 MIN, 5€.  
CAB: 25-35 MIN, 60-70€.

**FROM MAINZ CENTRAL STATION, PUBLIC  
TRANSPORT.** BUS BAY G, BUSES 62, 67, 69, 76  
(1ST STOP, 4 MIN).

**PARKING**  
USE PARKING GARAGE "AUGUSTUSPLATZ"  
(AM RÖMERLAGER, 55131 MAINZ, 5 MIN).

# # RESILIENCE #2020

6TH INTERNATIONAL  
SYMPOSIUM ON  
RESILIENCE RESEARCH

SYNTHESIS  
AND DISCUSSION:  
WORLD-WIDE FINDINGS  
ON RESILIENCE IN  
THE CORONA CRISIS

23-25  
SEPTEMBER  
2020  
MAINZ  
GERMANY

UNIVERSITY MEDICAL CENTER  
LANGENBECKSTRASSE 1  
BUILDING 708

# WEDNESDAY SEPT 23

## INTRESA BUSINESS MEETING

10:00 Intresa business meeting  
(non-public)

## SCIENTIFIC PROGRAM

13:00 Welcome

## SESSION 1: RESILIENCE – A GUT FEELING?

13:15 **Scott Russo, Mount Sinai Medical School, New York**  
*Immune mechanisms of depression: At the interface between mind and body*

14:00 **Thomas Larrieu, University Medical Center, Lausanne**  
*Do adult neural stem cells listen to the heart? A new Blood-Brain-Axis in vitro assay for exploring emotional brain health status*

14:45 **Coffee**

15:15 **Amparo Acker-Palmer, Goethe University, Frankfurt**  
*Signaling at the neurovascular interface*

## YOUNG INVESTIGATOR SHORT TALKS

16:00 Selected poster abstracts

## SPOTLIGHT ON STRESS INOCULATION

17:00 **David Lyons, Stanford University**  
*Stress inoculation in humans and animals*

## POSTER SESSION

18:00 With wine & cheese

## SPEAKERS' DINNER

20:30 Speakers' dinner  
(non-public)

# THURSDAY SEPT 24

## SESSION 2: AN UPSIDE TO ADVERSITY?

9:00 **Anthony Mancini, Pace University, Pleasantville, NY**  
*How acute adversity improves psychological health*

9:45 **Willem Frankenhuis, Radboud University Nijmegen**  
*Hidden talents in harsh environments*

10:30 **Coffee**

11:00 **Crystal Park, University of Connecticut**  
*Post-traumatic growth: perception versus reality*

11:45 **David Fletcher, Loughborough University**  
*The importance of adversity in the development of superior human performance*

## POSTER SESSION

12:30 With lunch

## SESSION 3: MECHANISMS OF INOCULATION

14:30 **Richard Bryant, University of New South Wales, Sydney**  
*Impact of controllability and self-efficacy on stress reactions*

15:15 **Catherine Hartley, New York University**  
*Control and the calibration of motivated behavior*

16:00 **Coffee**

16:30 **Michèle Wessa, Leibniz Institute for Resilience Research, Mainz**  
*Behavioral control and resilience*

## YOUNG INVESTIGATOR SHORT TALKS

17:15 Selected poster abstracts

## GUTENBERG SOCIAL

18:30 Free drinks, food, music and a look at the world's first printed bible (ticket available on site, 5 € students and postdocs, 15 € PIs)

# FRIDAY SEPT 25

## SESSION 4: RESILIENCE IN THE CORONA CRISIS

9:30 A presentation and discussion of world-wide findings  
Details t.b.a.

## YOUNG INVESTIGATOR POSTER AWARDS

12:15 Young investigator poster award ceremony  
Conclusions and farewell

12:30 **Lunch**

## CRC1193 PI AND PHD/POSTDOC MEETINGS

14:00- CRC1193 PI and PhD/postdoc meetings  
16:00 (non-public)

## ORGANIZERS

LEIBNIZ INSTITUTE FOR RESILIENCE RESEARCH (LIR),  
JOHANNES GUTENBERG UNIVERSITY MEDICAL CENTER MAINZ,  
INTERNATIONAL RESILIENCE ALLIANCE (INTRESA),  
RHINE-MAIN NEUROSCIENCE NETWORK (RMN2),  
DFG COLLABORATIVE RESEARCH CENTER  
"NEUROBIOLOGY OF RESILIENCE" (CRC1193),  
EU HORIZON PROJECT DYNAMORE

## ORGANIZING COMMITTEE

RAFFAEL KALISCH (MAINZ),  
SEVIL DUVARCI (FRANKFURT),  
CHRISTIAN FIEBACH (FRANKFURT),  
BIRGIT KLEIM (ZÜRICH), BEAT LUTZ (MAINZ),  
MARIANNE MÜLLER (MAINZ),  
JOCHEN ROEPER (FRANKFURT),  
MICHÈLE WESSA (MAINZ)